MBA Girls Hockey Season

Dear Parent/Guardian,

The purpose of this handbook is to establish the philosophy and policies of the MBA Girls Hockey Program. We believe that it is important for our players to understand what is expected of them. We believe that it is equally important for the parents to understand these expectations.

We ask that you read the handbook carefully and support us in our efforts. Coaching involves making tough decisions that never please everyone. As a coaching staff, we will work hard and run this program to the best of our abilities. In order for this to be a successful program, we need the full support of our athletes and their parents.

Please sign this form to indicate that you have read and understand the philosophy and policies of this program.

Sincerely,

Jim Berens

Head Coach

MBA Girls Hockey Team Philosophies

The MBA Girls Hockey program will actively promote fair play and good sportsmanship. It is the top priority that our athletes treat teammates, officials, coaches, opponents, and fans with respect. It is a goal of this program to instill attitudes in our athletes that will be used long after they are done playing hockey at MBA High Schools. These attitudes include but are not limited to the following: teamwork, discipline, respect, loyalty, dedication and a good work ethic.

The MBA Girls Hockey program will give each athlete an equal chance to earn playing time. Playing time is not a right and no single athlete is guaranteed playing time. The coaching staff will observe practice and games to determine if the player is working as hard as possible. It is the goal of this program to create a situation that is fun and rewarding, and the best way to have fun and be rewarded is to learn how to become a team with pride, respect, dignity and unity. If you work as hard as you can in practice and games you will play. How much and when are determined by the coaches.

- coach as well. Failure to do so may result in unexcused absences at the discretion of the coach.
- 7. Be on time for practices, games and bus departures. Tardiness will not be tolerated. Late for bus, could mean loss of starting for the night or playing time. Late for practice, the player will be disciplined.
- 8. ALL players must ride the bus to and from games unless you live ALONG the way home. From weekend tournaments, if you choose to ride home with a parent, you must have a signed note and you must ride with your parent. Riding with a friend's parent is not an option.
- 9. On the day of a contest, you must be in the school no later than 11:40 am and remain in school for the remainder of the day. Any exceptions must be cleared by the head coach, athletic director and principal.
- 10. Conflicts, problems or concerns should be brought to the coach as soon as possible. If there are issues, have your daughter talk to the coach first. All parent conversations will be by appointment. Talking about your daughter after the game is inappropriate. The 24-hour rule will be enforced for parents.
- 11. Remember you are representing your High School. Your conduct and dress should be exemplary.
- 12. Athletes are responsible for their uniforms for each game.
- 13. Lettering: Managers have to manage for two years in order to letter. Players on the varsity team will letter when they earn playing time or show a high standard of team first characteristics. To letter means you played at a varsity level with respect for all of your team mates, opponents, and fans. In order to be a true

BENSON ATHLETICS HAZING POLICY

- 1. Benson has ZERO TOLERANCE for hazing
- No student, athlete, teacher, coach or volunteer shall plan, direct, encourage, permit, or engage in hazing.
- Apparent permission or consent by a person being hazed does not lessen the prohibitions of hazing.
- 4. This policy applies to behavior that occurs on or off school property and during and after school hours.
- The school district will act to investigate all complaints of hazing and will discipline and/or take appropriate action against any student, athlete, teacher, coach or volunteer who has violated this policy.

PENALTY FOR HAZING

Students and athletes participating in hazing may be required to forfeit participation in one half or more of the season in which he or she is participating. This penalty is at the discretion of the school administration and the coach.

DEFINITION OF HAZING

"Hazing" means committing an act against a student or coercing a student into committing an act, that creates a substantial risk of harm to a person in order for the student/athlete to be initiated into or affiliated with a student organization, or for any other purpose. The term hazing includes, but is not limited to:

- > Any type of physical brutality such as whipping, beating, striking, branding, electronic shocking, or placing a harmful substance on the body.
- Any type of physical activity such as sleep deprivation, confinement in a restricted area, calisthenics or other activity that subjects the student to an unreasonable risk of harm or that adversely affects the mental health or physical health or safety of the student.
- Any activity involving the consumption of any alcoholic beverage, drug, tobacco product or any other food, liquid, or substance that subjects the student to an unreasonable risk of harm or that adversely affects the mental health or physical health or safety of the student.
- Any activity that intimidates or threatens the student with ostracism, that subjects a student/athlete to extreme mental stress, embarrassment, shame or humiliation, that adversely affects the mental health or dignity of the student or discourages the student from remaining in school.
- Any activity that causes or requires the student to perform a task that involves violation of state or federal law or of school district policies or regulations.

REPORTING PROCEDURES

- Any person who believes he or she has been the victim of hazing will report the incident to the coach or school administration.
- There shall be no retaliation against any person who makes a good faith report of hazing. Any retaliation shall result in further punishment.